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How Many PTO Days You'll Need To Take For Every Plastic Surgery Procedure

ALIX TUNELL

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EXPRESS. YOUR RULES.

Most of us didn't grow up telling our P.E. teacher that our plastic surgeon wants us to avoid activities where balls fly at our nose. In fact, most of us didn't get our nose job paid for by daddy over Christmas break in high school, which means now, if we want to alter something on our body, we not only have to fork over the money, but we also have to sacrifice some vacation days.

Just how much PTO? We asked three plastic surgeons to weigh in on the typical downtime for 10 popular procedures and walk us through the recovery process for each. Of course, everyone's pain tolerance and tendency to bruise and swell varies, but use this as your guide for determining what you can get away with on a long weekend (breast implants) and what'll require a two-week "trip to the spa" (a facelift).

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